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Director/Marquis Care at Centennial

Support Your Foundation

OHCF is in the midst of its annual appeal for support and we ask that you help us reach our goal by making a contribution to fund the Senior Wish and Scholarship programs.

Visit the [giving page](#) now to make a gift and join our list of OHCF supporters. Thank You!

OHCF supporters will be celebrated during the Foundation's October event featuring recent Scholarship recipients, Senior Wish recipients, and the 2009 OHCF Senior Wish Champion.

Scholarship Program

2009 Winter Scholarship Cycle

Deadline for applications: November 13

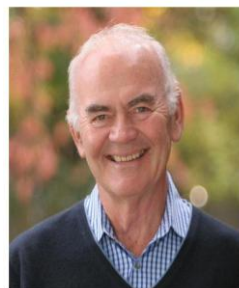
Scholarships Available:

B.J. Treglown Scholarship For Registered Nursing Education

(established by EHC Management in honor of B.J. Treglown):

It is envisioned that three scholarships of \$15,000 each will be awarded to a CNA, CMA, or LPN currently employed in long term care with a minimum of three years experience, and seeking an RN with the end goal of career advancement in the long term care profession.

[DOWNLOAD FULL CRITERIA AND APPLICATION FORM](#)



Wendell White Scholarship For Leadership in Management:

Up to a total of \$5,000 may be awarded annually to candidates who have attained a management position within long term care and have the potential for advancement into greater leadership roles and executive positions. Awards may be made to one or more candidates and will be based on education program costs.

[DOWNLOAD FULL CRITERIA AND APPLICATION FORM](#)

Jamie Campbell, COO/Farmington Centers

Robert Decker, President/Westcare Management

Rick Dillon, COO/Avamere Health Services, OHCA Vice President

Melody Gabriel, VP/Generations LLC

Albert Garibaldi, Principal/Garibaldi & Associates, LLC

Jennifer Hoffer, Administrator/Marquis Vintage Suites at Wilsonville

Rick Miller, CEO/Avamere Health Services, OHCA President

Ex Officio, Janel A. McKenna, Executive Director/OHCF
jmckenna@ohca.com, 503-726-5225

Donors

OHCF would like to recognize the generosity of those individuals and companies that support its mission. [Make A Gift.](#)

2008-2009 leadership contributions were made by:

Unforgettables
(\$50,000 plus)

Avamere Health Services

EHC Management

(\$25,000-\$49,000)

The Gabriel and White Families

Marquis Companies

Champions
(\$10,000-\$24,999)

McKesson Medical-Surgical Scholarship For Nursing Education:

MCKESSON

Empowering Healthcare

Two \$2,000 scholarships may be awarded per year, depending on program costs to CNAs each currently working in the field of long term care who are seeking an LPN, RN, or advanced nursing degree.

[DOWNLOAD FULL CRITERIA AND APPLICATION FORM](#)

Pinnacle Quality Insights Scholarship For Quality Care:



Up to a total of \$2,000 may be awarded annually to one or more candidates, depending on program costs to applicants working in the field of long term care with a desire to gain additional education to advance their long term care career. Candidates must demonstrate a commitment to quality in their work and provide examples of how they have made a difference in the quality of life of the seniors they serve.

[DOWNLOAD FULL CRITERIA AND APPLICATION FORM](#)

General Studies Scholarships:

\$500 scholarships are awarded to those pursuing further education in any field related to long term care.

[DOWNLOAD FULL CRITERIA AND APPLICATION FORM](#)

Requirements For All Applicants:

- Remain employed in LTC for the specified period as defined in each scholarship criteria.
- Complete the appropriate application form, write a brief essay, and provide one or more letters of recommendation from immediate supervisor or academic advisor/mentor, as specified in the application.
- Currently enrolled students must submit a transcript with application. For those not yet enrolled, proof of acceptance into an accredited or certified program may be submitted. Proof of acceptance and/or enrollment, depending on scholarship, is required for the release of funds.
- Upon completion of the academic program for which the scholarship is awarded, awardees are required to submit appropriate documentation as well as a brief summary of their experience.
- Past scholarship winners may be considered for additional awards by submitting a new application form accompanied by all materials requested in the application (an updated personal essay, letters of recommendation, appropriate academic records, etc.)

Generations LLC/WGW LLC

OHCA

Pinnacle Health Care

Westcare Management

Stewards

(\$5,000-\$7,999)

Pam and Randy Arvidson

Thomas and Margaret Carley

Consonus Healthcare Services

Del Mar Healthcare, Inc.

Gateway Living

JEA Senior Living

McKesson Medical-Surgical

Metro West Ambulance

Betsy and Wendell White

For a complete list of donors 2008-2009 please visit OHCF's [Honor Roll of Donors page](#).

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support.

OHCA Members - Online Training Course Discount

OHCA members can receive a 10% discount on online training courses through:

[aQuire Training Solutions](#)

An Oregon based company that offers a training solution that lets you focus on care - not on compliance. Explore the

Deadline For Submission of Applications: November 13, 2009

Click on the links above to download applications. For more information please contact:

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Oregon Health Care Foundation
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Phone: 503-726-5238
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Fax: 503-726-5259

For additional information about the OHCF Scholarship Program please visit www.ohcfonline.org.

Senior Wish Program

Funding Opportunity

Matching fund grants for Senior Wish initiatives are now available. Please [contact us](#) to make a request or to receive more information.

Training Session

Thank you to Foundation volunteers who helped make OHCF's September 23 Senior Wish Training Session a success:

Pam Arvidson, CareWise Management

Karri Bolman, Metro West Ambulance

Susan Bowker, Marquis Care at Centennial, Marquis Companies
Jodi Burroughs, Porthaven Healthcare Center, Prestige Care Inc.

Krista Davis, Courtyard Senior Living, Lifestyles Senior Housing Managers

Allyson Famous, Tanner Spring AL, Premier Sr. Living

Participants found the hands-on training valuable and left the session with enthusiasm for the program.

The next Senior Wish training session will be held:

December 3, 2009, 1:30pm-4:30pm

OHCF Office

11740 SW 68th Parkway

Portland, OR 97223

[Register Online](#) OR [Download a printable registration form](#)

Senior Wish training sessions, sponsored by the Foundation, provide the model for developing Senior Wish programs in LTC communities. Attendees come away not only excited to make wishes come true in their

various staff training programs online today.

[EasyCEU](#)

Explore accredited CEU courses available online.

Check out OHCA's

[Member Advantage Program page](#)

within the member resources section, or simply call OHCA at (503) 726-5260 for the current discount code.

Online Help for Caregivers

Online Help for Caregivers

The Ask Medicare website, launched by the Centers for Medicare & Medicaid Services, is a resource for caregivers.

<http://www.medicare.gov/caregivers/>

includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

Online Nursing Assistant Training Program

Online Nursing Assistant Training Program

Take advantage of affordable prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of its kind specifically designed to help address the statewide shortage of CNAs notwithstanding the diversion made by the current economic environment.

We encourage you to share information about this innovative training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit

community, but also with the tools to make them happen.

Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish came true thanks to the staff of Rose Haven Nursing & Rehab Center, Pinnacle Healthcare Inc., and with funding from OHCF.

Genevieve Graham, 75, wished to take a trip to the Oregon Coast, relax on the beach, and watch the waves roll in, as she was fond of doing in her past. Brenda Miller, Activity Director of Rose Haven Nursing & Rehab Center in Roseburg, realized that Genevieve was not the only one in the community that dreamed of such an excursion.

With the help of 7 volunteers Brenda orchestrated an outing to the coast for Genevieve and 6 other fellow residents. The group was transported by Rose Haven's community van to Charleston, OR where they had lunch by the beach and enjoyed soaking up the sun and watching the waves. They then visited the Charleston Gardens before making one last surprise stop at The Mills Casino in North Bend, where Genevieve and the resident group were treated to dinner. The Mills Casino was happy to be part of this Senior Wish and donated half the cost of the meal for the entire group, while OHCF covered the remaining portion.



The fellow residents were thrilled to share in Genevieve's special day and staff and volunteers who made the trip happen were excited to be a part of an experience that has lifted the community's spirits.

OHCF Ambassador Network

The Oregon Health Care Foundation invites your long term care community to appoint a staff representative to join our network of Ambassadors who can help build awareness and excitement for the Foundation among residents, family members, and staff of your community.

Your community and Ambassador will be prominently recognized on the OHCF website, in our newsletter, and at the annual OHCF event. Ambassadors will be given the opportunity to help guide the Foundation's work to develop new life enrichment programs that can be implemented at your community.

www.OregonCNAonline.com.

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at <http://www.ohca.com/events.htm>

Explore some of the rewarding career opportunities in long term care at http://www.ohca.com/workforce_center/

Join Our List

Thank you to our current Ambassadors:

Community name/Owner name/Ambassador name(s)

Camelot Care Center/Prestige Care, Inc./Nancy Leifheit
Caring Heart Health & Homes Services/Dixie Hofer
Clare Bridge Beaverton/Brookdale Senior Living/Amaka Aniefuna
Clare Bridge of Salem/Brookdale Senior Living/Sue Warren
Cornell Estates/Seabold Construction/Debbie Van Dyne
Elite Care at Fanno Creek/Elite Care/Jason Hess
Elite Care at Oatfield Estates/Elite Care/Jason Hess
Fountains at Town Center Village/Generations/Terry Rose
Gateway Gardens/Gateway Living/Mark Kinkade
Hearthstone at Murrayhill/Hearthstone Management Service/Tom Freitag
Meadow Park Health and Specialty/Extencicare/Stephanie A. Meyer
Porthaven Health Care Center/Prestige Care, Inc./Jodi Burroughs
Powell Valley Assisted Living/CareWise Management, Inc./Pam Arvidson
Rosewood Park/Seabold Construction/Roberta Bradfield
Rosewood Specialty Care/Seabold Construction/Jennifer Edimon
The Terrace at Laurelhurst Village/Farmington Centers/Linda Trenholm
The Woods at Willowcreek/Willowcreek Management Company/Linda Fortune, Holly Simpson, Jackie Morrey

Please [contact us](#) with who from your community you would recommend to be an OHCF Ambassador.

OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501 (c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.



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