

September 2008



The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.

Executive Director

Janel McKenna
503-726-5225
jmckenna@ohca.com

OHCF has been awarded a one to one matching grant from Avamere Health Services of up to \$5,000 for every contribution received by the end of 2008. This means your individual gift is doubled. Please help us reach our goal of \$5,000 by donating now!

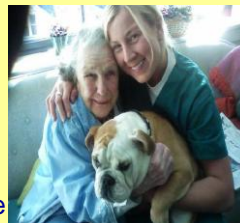
Why Support OHCF?

In the words of those whose lives we have impacted.....

"I look forward to obtaining my degree and becoming a contributing member of the long term care profession. Thank you for the scholarship that is helping to make this possible."

"On behalf of our patient and his sister and all of us here at Mt. Hood Hospice, please accept our deepest gratitude....that made it possible to fulfill his (last) wish for his sister to visit from California. It is difficult to put into words how much this unexpected visit meant to both brother and sister. Each received a great 'gift' in the fulfillment of this wish."

"Because of your generous scholarship I was able to purchase books for my final year of college and will receive my RN license this year. I currently work part time as a health aid in an assisted living facility and look forward to pursuing a full time career in the long term care profession."



In This Issue

[Support the Mission of OHCF](#)

[OHCF Awards Program 2008](#)

[Featured Scholarship Recipient](#)

[Senior Wish Spotlight](#)

[Online Nursing Assistant Training Program](#)

[Board of Directors](#)

[Donors](#)

[Resources](#)

[Celebration of Supporters](#)

Board of Directors

OHCF appreciates the commitment and support from its diverse group of Board

"Thank you for OHCF's help in arranging a visit for my brother and his son before he passed away. It will remain in his heart and in mine too."

"Sometimes our patients have needs that families cannot meet and.....OHCF's generosity helps to achieve the quality of life we strive to maintain in the lives of our patients."

"Wanted to thank you for inspiring me to make every day special for my residents. The Senior Wish training motivated me to deepen relationships with our seniors and I already have a Senior Wish in the works."

"Courtesy of the Oregon Trucking Association, Margaret went for the ride of her life in a semi-trailer truck to celebrate her 90th birthday and had a wonderful lunch with friends thanks to Jubitz Truck Stop. Thanks to the Foundation for providing all the resources and guidance to make Margaret's senior wish come true. I have found a renewed sense of joy in my work."



"The only way I can really help people, whether it's a terminally ill gentleman or disabled kids, is by taking them sailing and hopefully making them happy. I never thought that would qualify me for anything special, especially not an Oregon Health Care Foundation award."

Please help us reach our goal of \$5,000 by [donating now!](#)

Visit the [giving section](#) of our website for ways to contribute, or simply send your contribution payable to the Oregon Health Care Foundation:

Sara McNall
Marketing & Fundraising Coordinator
OHCF
11740 SW 68th Parkway, Suite 250
Portland, OR 97223

To learn more about what your contribution will support contact Executive Director Janel McKenna at 503-726-5225/
jmckenna@ohca.com.

Members.

Officers:

Terri Waldroff, OHCF
Board President

Margie Murphy Carley,
OHCF Board Treasurer

Rick Miller, OHCF
Board Secretary,
Chairman/Avamere
Health Services, OHCA
President

Directors:

Pam Arvidson, VP/Care
Wise Management, Inc.

Jennifer Bay,
Administrator/Marquis
Vintage Suites at
Hawthorne Gardens

Karri Bolman,
Community Relations
Coord./Metro West
Ambulance

Susan Bowker,
Activities
Director/Marquis Care
at Centennial

Robert Decker,
President/Westcare
Management

Dan Desler, CEO/ West
States Land Reliance
Trust

Rick Dillon, Vice
Chairman of the Board/
Avamere Health
Services, OHCA Vice
President

Senior Wish Training Session

Spaces are still available for the Senior Wish Training Session to be held at the OHCF office on **Thursday, October 2, 2008** from 1:30-4:30pm.



The Senior Wish Training Session, sponsored by the Foundation, provides the model for developing Senior Wish Programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen.

[Click here to register now!](#)

OHCF Awards Program 2008

The Oregon Health Care Foundation's 2008 Award winners were honored at the OHCA Annual Convention & Trade Show Awards Ceremony September 9th at the Red Lion on the River in Portland. The Foundation is proud to recognize its winners as champions who have made a difference in the lives of long term care residents.



The **OHCF Senior Wish Champion Award** recipient is Allyson Famous, former Activities Assistant at River Valley Landing Senior Community. Allyson is committed to celebrating the lives of her residents through the Senior Wish program and has consistently utilized the skills she acquired through the OHCF Senior Wish Training to unite the River Valley Landing community, securing contributions of resources to conduct Senior Wishes, and garnering positive public awareness about her community in the media. Because of Allyson's good work, River Valley Landing received a \$500 award for life enrichment programs.

The **OHCF Community Champion Award** recipient is DeVaul Henderson of Island Sailing Club & School. When DeVaul was approached by the staff of Avamere at Sherwood about granting a Senior Wish he was more than happy to help. Avamere resident and former avid sailor, 77 year old Hennie Page, had been diagnosed with terminal pancreatic cancer and wished only to go sailing one last time. DeVaul, who had recently lost his father to pancreatic cancer was moved by Hennie's story and was honored to host a sailing trip. DeVaul went above and beyond donating his time and services to make Hennie's dream come true. He embodies the characteristics of the OHCF Community

Steve Fogg, CFO/
Marquis Companies

Melody Gabriel,
VP/ Generations, LLC

Albert Garibaldi,
Principal/ Garibaldi &
Associates, LLC

Donors

OHCF is grateful to those individuals and companies that support its mission.

2007-2008 leadership contributions were made by:

Unforgettables (\$50,000 plus)

Avamere Health
Services

(\$25,000-\$49,999)

Marquis Companies

Pinnacle Health Care

Champions (\$10,000- \$24,999)

Farmington Centers,
Inc

Generations LLC

Oregon Health Care
Association

Westcare Management

Western States Land
Reliance Trust

Champion, someone outside of the long term care profession who has singly contributed to the quality of life of a long term care resident.

Click on the links above to view more in depth descriptions of the Senior Wish Champion and Community Champion Awards or visit the [Awards page](#) to learn more about how to get involved in the program.

Featured Scholarship Recipient Consonus Healthcare Services Scholarship



Youssef Roman, born and raised in Cairo, Egypt moved to the United States at the age of twenty-two in hopes of pursuing his career goals. As a recent recipient of the Consonus Healthcare Services Scholarship awarded through the Foundation, Youssef is closer to realizing his dream of completing pharmacy school. Made possible by Consonus Healthcare Services, this Scholarship is awarded to those currently employed or seeking to be employed in the long term care profession within the fields of Occupational Therapy, Physical Therapy, Speech Language Pathology, or Pharmacy. Candidates must have also demonstrated a commitment to quality in their work and a desire for career advancement within the long term care profession.

Because of the environment he grew up in and witnessing elderly family members suffer from sickness, Youssef became interested in learning about pharmacokinetics and developed a passion for caring for seniors in his community. He currently works at Gateway Medical Pharmacy as a Pharmacy technician assisting in the long term care department, while also attending Oregon State University's Doctor of Pharmacy professional program.



Youssef believes that by finishing his doctor of pharmacy program he will be able to help improve the quality of life for the aging population, lead a research program focusing on psychoactive drugs, and one day establish a long term care facility for older adults struggling with specific diseases.

Stewards (\$5,000-\$7,499)

Consonus Healthcare Services

JEA Senior Living

Metro West Ambulance

Thomas and Margie Carley

For a complete list of donors April 2007-2008 visit OHCF's [Honor Roll of Donors](#) page.

Financial contributions are tax-deductible under section 501(c)(3) of the IRS code.

Thank you for your support!

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at www.ohca.com/events.

Explore some of the rewarding career opportunities in long term care at www.ohca.com/workforce

Annual Celebration of Supporters

If you have received a scholarship from the Foundation and would like to be featured in the OHCF Newsletter, please [send us](#) information on how you've put your award to good use, your future education plans, where you are working in long term care, and a photo of yourself (at work if possible!)

Please visit OHCF's [Scholarship page](#) to learn more about available opportunities.

Senior Wish Spotlight

The OHCF Senior Wish training program focuses on identifying an attainable wish, exploring resources to grant the wish, and provides tools for promoting the wish both within and beyond the long term care community. The following Senior Wish came true thanks to the staff and community of Marquis Care at Centennial, and with funding from OHCF.

Pat Braxton, 84 years old, was born to perform and grew up dancing, acting, singing, and playing the piano. She even toured throughout the Northwest with the Braxton Trio, the musical group she formed with her husband during the 1950s. With the help of her long term care community, Marquis Care at Centennial, Pat was able to relive the old days on stage during a benefit concert for Marquis' Vital Life Foundation. Pat played the piano and was accompanied by her son, Robert, on drums and a high school student on the sax. The concert, held at Reynolds High School, also featured musician Reggie Houston.

The concert drew attendees from both within and outside of the long term care community who wanted to take part in Pat's dream coming true. Dressed in a brand new outfit for the occasion, Pat declared that she felt like not one, but "ten million dollars."



If you, or someone you know has granted an extra special Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF Newsletter! Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

Invitations have been sent to Foundation Donors for OHCF's Annual Celebration of Supporters to be held Friday, October 17th. The event will include a buffet reception, specialty beverages, lively musical entertainment, and a toast to supporters.

For more information about the event please contact [Sara McNall](#), Marketing & Fundraising Coordinator.

Online Nursing Assistant Training Program

The Oregon Health Care Association recently announced Oregon's first learner lead Online Nursing Assistant Training Program specifically designed to help



address the statewide shortage of CNAs.

We encourage you to share information about this innovative new training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

[Join Our Mailing List!](#)