



The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.

Executive Director

Janel McKenna
503-726-5225
jmckenna@ohca.com

OHCF has been awarded a one to one matching grant from Avamere Health Services of up to \$5,000 for every individual contribution received by the end of 2008. This means your individual gift is doubled. Please help us reach our goal of \$5,000 by [donating now!](#)

Why Support OHCF?

In the words of those whose lives we have impacted.....

"Obtaining my CNA, CMA, EMT, and working toward my LPN would not be possible if it weren't for the donors of the Oregon Health Care Foundation. I thank you and encourage you to continue supporting people like me with financial need."

"I'm so grateful my Mother had the opportunity to be granted a Senior Wish - what a wonderful program. The experience has rejuvenated her, brought back her lively personality, and helped her to form even more meaningful friendships with fellow residents."

"Receiving the Scholarship from OHCF for my Pharmacy program makes me feel valued, invested in, and has encouraged me to explore more opportunities in the long term care field."

"I'm just delighted that I was given the chance to fulfill my wish of experiencing a live Christian music concert. The memories of that evening will stay with me forever, I feel truly blessed and thank those who made my Senior



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Board of Directors

OHCF appreciates the commitment and support from its diverse group of Board Members.

Officers:

Terri Waldroff, OHCF Board President, COO/Lifestyles Senior Housing Managers

Margie Murphy Carley, OHCF Board Treasurer

Rick Miller, OHCF Board Secretary, Chairman/Avamere Health Services, OHCA President

Directors:

Pam Arvidson, VP/CareWise Management, Inc.

Karri Bolman, Community

Wish possible."

Please help us reach our goal of \$5,000 by [donating now!](#)

Visit the giving section of our website for ways to contribute, or simply send your contribution payable to the Oregon Health Care Foundation:

Sara McNall
Marketing & Fundraising Coordinator
OHC
11740 SW 68th Parkway, Suite 250
Portland, OR 97223

To learn more about what your contribution will support please contact Executive Director, Janel McKenna at 503-726-5225/jmckenna@ohca.com.

Annual Celebration of Supporters

On October 17 the Foundation welcomed more than 100 to its festive Annual Celebration of Supporters. Foundation Chairwoman, Terri Waldroff, COO of Lifestyles Senior Housing Managers thanked Board members, providers, business partners and individuals for their support of the work of the Oregon Health Care Foundation. Rick Miller, Chairman of Avamere Healthcare Services and Foundation Secretary, announced his company's contribution of \$50,000 and challenged others to double and/or stretch their commitments to the Foundation.



Miller also challenged the Foundation to continue its good work while taking on two new and critical initiatives - raising funds to support OHCA's initiatives to increase educational capacity so that more nurses can be admitted and graduated from Oregon public and private institutions, and research to examine the correlation between increased staffing and true quality care.

Janel McKenna, Executive Director of the Foundation, accepted these challenges as Foundation Board priorities and highlighted OHC achievements over the past 18 months. She introduced Linda Wong, a recipient of the Consonus Healthcare Services scholarship for pharmacy and Julieta Contreras, recipient of the Margaret Murphy Carley Scholarship for nursing, who each shared how these scholarships shaped their educational objectives in 2008. They sincerely thanked OHC contributors for their support that made the financial assistance and education programs possible. Julieta asked that the profession continue to support the Foundation so that others in need may benefit.

Also at the event were Allyson Famous, 2008 Senior Wish

Relations Coord./Metro West Ambulance

Susan Bowker, Activities Director/Marquis Care at Centennial

Robert Decker, President/Westcare Management

Dan Desler, CEO/Western States Land Reliance Trust

Rick Dillon, Vice Chairman of the Board/Avamere Health Services, OHC Vice President

Steve Fogg, CFO/Marquis Companies

Melody Gabriel, VP/Generations LLC

Albert Garibaldi, Principal/Garibaldi & Associates, LLC

Jennifer Hoffer, Administrator/Marquis Vintage Suites at Wilsonville

Donors

OHC is grateful to those individuals and companies that support its mission.

Jan 2007- Oct 2008 leadership contributions were made by:

Unforgettables (\$50,000 plus)

Avamere Health Services

(\$25,000-\$49,999)

The Gabriel and White Families

Marguis Companies

Pinnacle Health Care

Champions (\$10,000-\$24,999)

Generations LLC/WGW LLC

Champion of the Year, and one of her Senior Wish recipients, Nellie Arndt, a resident of River Valley Landing. Nellie described her Senior Wish and shared her gratitude for Allyson's efforts to make her dream a reality and her thanks to the Foundation for its sponsorship of the Senior Wish program. Adding to the event was a video montage of recent senior wish projects, the introduction of a Foundation signature drink, the Senior Wish/Forget-Me-Not Cocktail, and lively big band sounds.

Thanks to all who helped make this a fun and memorable event. We appreciate your support!

Senior Wish Training Session

Spaces are still available for the Senior Wish Training Session to be held at the OHCF office on Tuesday, November 11, 2008 from 1:30-4:30pm.

Senior Wish Training Sessions, sponsored by the Foundation, provide the model for developing Senior Wish Programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen.

[Click here to register now!](#)

OHCF SCHOLARSHIPS Winter Cycle '08

**SCHOLARSHIP APPLICATION DEADLINE:
NOVEMBER 15, 2008**

Requirements For All Applicants:

Complete the appropriate application form, write a personal essay, and provide a written recommendation from immediate supervisor or academic advisor/mentor. Additional letters of recommendation may be submitted.

Currently enrolled students must submit a transcript with scholarship application. For those not yet enrolled, proof of acceptance into an accredited or certified program is required for the release of funds. If acceptance is contingent on funding, awards may be made with release of funds pending receipt of proof of acceptance.

Past scholarship winners who are still enrolled, may apply for continued financial support with a written request, accompanied by a transcript to demonstrate ability and proof of enrollment for the next available term.

Upon completion of the academic term for which the scholarship is awarded, awardees are required to submit appropriate documentation as well as a brief summary of their experience.

OHCA

Westcare Management

Western States Land Reliance Trust

**Stewards
(\$5,000-\$7,499)**

Thomas and Margaret Carley

Consonus Healthcare Services

JEA Senior Living

Metro West Ambulance

For a complete list of donors Jan 2007- Oct 2008 visit OHCF's [Honor Roll of Donors page](#).

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support!

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at www.ohca.com/events

Explore some of the rewarding career opportunities in long term care at www.ohca.com/workforce.

Online Nursing Assistant Training Program

The Oregon Health Care Association recently announced Oregon's first learner lead Online Nursing Assistant Training Program

Scholarships Available:

General Studies Scholarships:

\$500 scholarships are awarded to those pursuing further education in any field related to long term care.

[Download Criteria and Application](#)

Disciplinary Studies Scholarships:

These are available in varying amounts and are awarded annually to individuals based on specific requirements or emphasis as specified in the scholarship criteria.

Download Criteria and Applications for:

[Metro West Ambulance Scholarship](#)



[Pinnacle Consulting Services Scholarship](#)



Deadline For Submission of Applications:
NOVEMBER 15, 2008

For more information please contact, or submit applications to:

Sara McNall
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11740 SW 68th Parkway, Suite 250
Portland, OR 97223
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Email: smcnall@ohca.com
Fax: 503-726-5259

For additional information about the OHCF Scholarship Program and to download applications please visit www.ohcfonline.org.

J&J Promise of Nursing for Oregon-Scholarship Opportunity

Scholarships are available for undergraduate nursing programs and graduate programs to teach nursing through the *Johnson & Johnson Promise of Nursing for Oregon Scholarship Program*. Applications for undergraduate programs are due **January 16, 2009** and applications for graduate programs are due **March 6, 2009**.

For criteria information and to access applications please visit the

specifically designed to help address the statewide shortage of CNAs.

We encourage you to share information about this innovative new training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

Join Our Mailing List!

Senior Wish Spotlight

The OHCF Senior Wish training program focuses on identifying an attainable wish, exploring resources to grant the wish, and provides tools for promoting the wish both within and beyond the long term care community. OHCF also provides matching funds to help wishes become reality. The following Senior Wish came true thanks to the staff and community of Porthaven Healthcare Center, a Prestige Care Inc property, and with funding from OHCF.

Vietnam War Veteran and former sailor/fisherman Tony Gentile, a resident of Porthaven Healthcare Center, was reunited with the sea during his Senior Wish fishing adventure. It did not take long before Activity Director, Jodi Burroughs, began planning the special trip after Tony told her he wished once more to go on a boat and fish.

Andrea K. Charters in Garibaldi, Oregon helped make the trip possible by accommodating the party and arranging the perfect vessel allowing for Tony's wheelchair to come aboard. At the end of the trip and after catching his limit of sea trout and black bass, Tony just sat back and smiled as his fish were cleaned and filleted.



Once back at Porthaven Healthcare Center, Tony enjoyed sharing his Senior Wish during a celebratory fish fry feast for residents and staff to enjoy.

If you, or someone you know has granted an extra special Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF Newsletter! Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.