

May 2009



Oregon Health Care
Foundation

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EHC Management Establishes Scholarship Honoring Nurse B.J. Treglown

The Oregon Health Care Foundation is proud to announce that EHC Management LLC has established the B.J. Treglown Scholarship in honor of her life-long accomplishments personally and professionally. "B.J. is a treasured member of the EHC family", said CEO Anne Nipp. "She has overcome many adversities with grace, good humor, faith and hope, not to mention true grit and tenacity. B.J. is a mentor for us all on how to live life to its fullest - have commitment, skill and sincerity in all you do, expect and encourage that in others, and share yourself to be exceptional every moment of your life. Raise yourself up and in the process bring others with you."

Each year scholarships will be awarded to those who have demonstrated a commitment to a career in long term care and who are pursuing nursing degrees. The scholarship criteria and application process will be published this summer and are being designed to identify candidates that possess the characteristics that embody B.J.'s spirit. Nipp said, "we envision three scholarships of \$15,000 each so that the award has a meaningful impact on propelling the pursuit of nursing education for those committed to careers in long term care. "

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Scholarship Application Deadline

Applications for the 2009 Summer Scholarship cycle must be postmarked (dropped in the mail) by tomorrow, **Friday, May 29th**.

Scholarships Available:

General Studies Scholarships: \$500 scholarships are awarded to those pursuing further education in any field related to long term care. Click the link above to download complete criteria and application form.

Margaret Murphy Carley Scholarship: \$1,000, depending on program costs, awarded to a CNA pursuing LPN/RN. Click the link above to download complete criteria and application form.

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Ex Officio, Janel A. McKenna, Executive Director/OHCF

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Please visit OHCF's [Scholarship page](#) for more information about the program and for new scholarships coming available during the Winter cycle.

Senior Wish Program

Senior Wish Training Session

Thank you to Foundation volunteers who helped make OHCF's May 14th Senior Wish Training Session a success:

Karri Bolman, Metro West Ambulance
Jodi Burroughs, Porthaven Healthcare Center, Prestige Care Inc.

Allyson Famous, Tanner Spring AL,
Premier Sr. Living

Therese Lambert, Miramont Pointe, The Goodman Group



Participants found the hands-on training valuable and left the session with enthusiasm for the program.

"What a WONDERFUL training session and I am so very excited to get started! I've been an activity director for almost 2 years and sometimes experience a bit of burn out. I haven't felt so enthusiastic and excited about a new idea in a while! THANK YOU, THANK YOU!!!" - Donna McCario, Avamere Rehab. of Salem

Senior Wish Training Sessions, sponsored by the Foundation, provide the model for developing Senior Wish Programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen. Visit the [Senior Wish page](#) to learn more about the program and to register for training sessions.

Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish came true thanks to the dedicated staff of Columbia Basin Care Facility an Aidan Health Services property, the Oregon Zoo, and resource networking assistance from OHCF.

Donors

OHCF would like to recognize the generosity of those individuals and companies that support its mission. [Make A Gift.](#)

2008-2009 leadership contributions were made by:

Unforgettables (\$50,000 plus)

Avamere Health Services

(\$25,000-\$49,999)

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Westcare Management

Stewards (\$5,000-\$7,999)

Thomas and Margaret Carley

Consonus Healthcare Services

Del Mar Healthcare, Inc.

Gateway Living

JEA Senior Living

Metro West Ambulance

For a complete list of donors
2008-2009 please visit OHCF's

Bea Antes, an 87 year old retired nurse and elephant lover, always hoped for an up close and personal experience with the magnificent animals she collected. Known among her community as having an affinity for elephants, Bea was very excited when Activity Director Shelly Lovett began planning a trip to the Zoo to make Bea's wish come true.

The Oregon Zoo generously donated admission tickets for Bea and Columbia Basin staff, as well as arranged for special inside the elephant cage access. Once at the Zoo Bea was surprised and thrilled to be given the opportunity not only to see her favorite animal, but to also go behind the scenes and learn about elephant life. The zookeepers spent time with Bea showing her how the elephants are cared for and sharing stories about individual animals. Bea was introduced to Tusko who demonstrated drinking out of a large hose and performed his daily exercise routine. Next, Bea was invited inside the cage of Chendra, a 1400 lb. female, who got so close to Bea they were practically nose to nose. The elephant was so calm and comfortable in her presence that Bea was even allowed to feed Chendra bananas.



Before leaving the Zoo Bea stopped by a couple other exhibits and then wrapped up the trip with a stop for lunch at the Olive Garden. Bea's extraordinary elephant encounter has boosted her spirits and inspired fellow residents to begin pursuing dreams of their own.

When asked what she enjoyed most about the day Bea said, "my favorite part was feeding Chendra bananas, I never dreamed I'd have a chance to do that."

If you, or someone you know has granted a Senior Wish, please contact us to be featured in a future edition of the OHCF newsletter. Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

Senior Wish Funding Opportunity

The Oregon Health Care Foundation is accepting matching fund requests for Senior Wish initiatives now in the planning stage. Please [contact us](#) to make a request or to receive more information.

Online Nursing Assistant Training Program

Take advantage of affordable prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of it's kind specifically designed to help address the statewide shortage of CNAs.

[Honor Roll of Donors page.](#)

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support!

OHCF Ambassador Network

The Oregon Health Care Foundation invites your long term care community to appoint a staff representative to join our network of Ambassadors who can help build awareness and excitement for the Foundation among residents, family members, and staff of your community.

Your community and Ambassador will be prominently recognized on the OHCF website, in our newsletter, and at the annual OHCF event. Ambassadors will be given the opportunity to help guide the Foundation's work to develop new life enrichment programs that can be implemented at your facility.

Please [contact us](#) with who from your community you would recommend to be an OHCF Ambassador.

For more information on OHCF please visit www.ohcfonline.org and to view our promotional brochure please [click here](#).

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's

notwithstanding the diversion made by the current economic environment. Click [here](#) for information on pricing structures.

We encourage you to share information about this innovative training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

Faculty Loan Repayment Program

The Health Resources and Services Administration's (HRSA) Bureau of Clinician Recruitment and Service is pleased to announce that it is seeking applicants for the 2009 Faculty Loan Repayment Program. Applications are due **July 7th, 2009**.

The Faculty Loan Repayment Program provides a financial incentive for degree-trained health professionals from disadvantaged backgrounds to pursue academic careers.

Individuals selected agree to serve on the faculty of an accredited health professions college or university for a minimum of two years. In return, the Federal government agrees to pay, for each year of faculty service, up to \$20,000 of the outstanding principal and interest on the participant's educational loans.

To learn more about the Faculty Loan Repayment Program and for application information, please visit <http://bhpr.hrsa.gov/dsa/flrp/> or contact the HRSA Call Center at 1-800-221-9393.

IHC Caregiver Training Available

Caregiver training for In Home Care Agencies includes the following six modules:

- 1) Becoming a Caregiver
- 2) Basic Foundations for Care
- 3) Caregiving in an Emergency
- 4) Nuts & Bolts of Caregiving
- 5) Providing Personal Care
- 6) Crucial Skills

For more information, please contact Wendy Finch at aQuire Training Solutions, (877) 843-8374 or Wendy@acquiretraining.com.

upcoming events at
www.ohca.com/events.htm

Explore some of the rewarding career opportunities in long term care at
www.ohca.com/workforce_center

Online help for Caregivers

The Ask Medicare website, launched by the Centers for Medicare & Medicaid Services, is a resource for caregivers.

www.medicare.gov/caregivers includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.

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