



Oregon Health Care Foundation

**In This Issue**

**Board of Directors**

**Donors**

**New Online Help for Caregivers**

**OHCF Business Partner Reception**

**Senior Wish Program**

**Scholarship Program**

**Online Nursing Assistant Training Program**

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**OHCF Business Partner Reception**

The Board of Directors of the Oregon Health Care Foundation invites business partners of the long term care profession to a reception to be held Wednesday, April 8th from 4:00-6:00pm at the OHCA/OHCF office building. (please see below for registration information)

This event will give business partners the opportunity to learn more about issues facing the LTC profession and the Foundation's important programs that advance the field.

OHCF Board President Terri Waldroff of Lifestyles Senior Housing, OHCF Secretary Steve Fogg of Marquis Companies, and Directors Rick Miller and Rick Dillon of Avamere Health Services will address the group and invite your financial support.

**Limited space is available, please register by March 18th.**

Contact Janel McKenna ([jmckenna@ohca.com](mailto:jmckenna@ohca.com) or 503-726-5225) for more information and to register for the reception on April 8th from 4:00-6:00pm.

**Senior Wish Program**

**Senior Wish Spotlight**

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish came true thanks to the staff of Marquis Vintage Suites at Wilsonville and a donation through OHCF.

Katherine Renfroe, a 96 year old resident of the Marquis community in Wilsonville, is known among friends and family as having a love for Irish music. When Marquis Vintage Suites at Wilsonville became aware of the opportunity to attend a concert by the Grammy Award winning Irish music group, The Chieftains, they immediately knew Katherine was the

**Karri Bolman**, Community Relations Coord./Metro West Ambulance

**Susan Bowker**, Activities Director/Marquis Care at Centennial

**Jamie Campbell**, Regional Director SNF Operations/Prestige Care, Inc.

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**Melody Gabriel**, VP/Generations LLC

**Albert Garibaldi**, Principal/Garibaldi & Associates, LLC

**Jennifer Hoffer**, Administrator/Marquis Vintage Suites at Wilsonville

**Rick Miller**, Chairman/Avamere Health Services, OHCA President

**Ex Officio, Janel A. McKenna**, Executive Director/OHCF  
[jmckenna@ohca.com](mailto:jmckenna@ohca.com)  
503-726-5225

one in their building who most needed to go.

The staff and residents of the Marquis community made Katherine's Irish concert Senior Wish even more special by gathering for a send off celebration. Katherine was then surprised with a limo ride to Abella Italian Kitchen in Wilsonville where she was treated to her favorite dish of seafood pasta. Afterwards, Katherine was whisked away in the limo to the Arlene Schnitzer Concert Hall where she enjoyed not only the music, but the visual performance by The Chieftains as well. "I loved the glittery dresses they wore. It was a wonderful night," said Katherine.



Thank you to all those who helped make Katherine's Senior Wish come true. The limo ride was donated by Les Johnson Luxury Accommodations, the dinner was donated by Abella Italian Kitchen, and the concert tickets were a donation through an OHCF Board Member.

If you, or someone you know has granted a Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF newsletter. Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

## Scholarship Program

### Featured Scholarship Recipient

After being awarded a General Studies Scholarship by OHCF during the 2008 winter cycle, Chiamaka Aniefuna is closer to achieving her education and career goals in long term care. Chiamaka is earning her Master's degree in social work with an emphasis on gerontology at Portland State University and plans to graduate in 2010. She is currently the Director of Sales and Marketing at Clare Bridge of Beaverton, a Brookdale Senior Living property, and hopes to one day become an Administrator.

Chiamaka's long term care career began in June 2007 when she started working as a Resident Assistant for Wynwood of Mt. Hood. Thanks to her strong passion for caring for the elderly, along with her more than adequate educational background, she quickly moved into a Medication Assistant position and then onto becoming the Business Office Director. Chiamaka feels she has gained a valuable perspective and appreciation of the field by starting at entry level and working her way up.

## Donors

OHCF would like to recognize the generosity of those individuals and companies that support its mission. **Make A Gift.**

2008-2009 leadership contributions were made by:

### **Unforgettables** (\$50,000 plus)

Avamere Health Services

(\$25,000-\$49,999)

The Gabriel and White Families

Marquis Companies

Pinnacle Health Care

### **Champions** (\$10,000-\$24,999)

Generations LLC/WGW LLC

OHCA

Westcare Management

### **Stewards** (\$5,000-\$7,999)

Thomas and Margaret Carley

Consonus Healthcare Services

Del Mar Healthcare, Inc.

Gateway Living

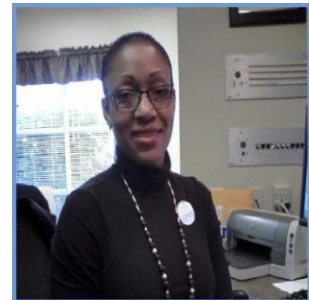
JEA Senior Living

Metro West Ambulance

For a complete list of donors 2008-2009 please visit OHCF's [Honor Roll of Donors page](#).

Financial contributions are

Chiamaka believes caring for the elderly is her calling and credits her supportive family and life in Nigeria, where seniors are highly revered, with giving her the ability to make those she cares for feel peaceful and at ease. She most enjoys listening to her residents' life stories and truly values what can be learned from them.



"I am so thankful to OHCF for the scholarship that is helping me acquire more knowledge so I may do my very best to enrich the lives of my residents in every way possible." - Chiamaka Aniefuna

## Scholarship Application Deadline

Applications for the 2009 Summer Scholarship cycle are due by **Friday, May 29th.**

Scholarships Available:

**General Studies Scholarships:** \$500 scholarships are awarded to those pursuing further education in any field related to long term care. Click the link above to download complete criteria and application form.

**Margaret Murphy Carley Scholarship:** \$1,000, depending on program costs, awarded to a CNA pursuing LPN/RN. Click the link above to download complete criteria and application form.

Please visit [OHCF's Scholarship page](#) for more information about the program and for new scholarships coming available as the Summer Cycle approaches.

## Online Nursing Assistant Training Program

Take advantage of affordable prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of it's kind specifically designed to help address the statewide shortage of CNAs. Click [here](#) to get information on the new pricing structures.

We encourage you to share information about this innovative new training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit [www.OregonCNAonline.com](http://www.OregonCNAonline.com).

charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support!

## Resources

Learn about the Oregon Health Care Association at [www.ohca.com](http://www.ohca.com).

Get information about OHCA's upcoming events at [www.ohca.com/events.htm](http://www.ohca.com/events.htm)

Explore some of the rewarding career opportunities in long term care at [www.ohca.com/workforce\\_center](http://www.ohca.com/workforce_center)

## New Online help for Caregivers

Caregivers now have a new resource, the Ask Medicare website, launched by the Centers for Medicare & Medicaid Services. The site, [www.medicare.gov/caregivers](http://www.medicare.gov/caregivers), includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

## IHC Caregiver Training Available

The long awaited caregiver training for In Home Care Agencies is now available and includes the following six modules:

- 1) Becoming a Caregiver
- 2) Basic Foundations for Care
- 3) Caregiving in an Emergency
- 4) Nuts & Bolts of Caregiving
- 5) Providing Personal Care
- 6) Crucial Skills

For more information, please contact Wendy Finch at aQuire Training Solutions, (877) 843-8374 or [Wendy@acquiretraining.com](mailto:Wendy@acquiretraining.com).

## OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.



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