



## OHCF Staff

Sara Keudell, OHCF's Marketing & Fundraising Coordinator, will be departing the Foundation at the end of January due to her recent move out of the area. Her last day with OHCF is January 28. The OHCF Board is grateful to Sara for her contributions to the Foundation's progress. Please forward all inquiries to:

Janel McKenna  
Executive Director  
[jmckenna@ohca.com](mailto:jmckenna@ohca.com)  
(p) 503-726-5260  
(f) 503-726-5259

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## Scholarship Program

**Congratulations to the most recent OHCF Scholarship recipients!**

### 2009 Winter Cycle Scholarship Recipients

**BJ Treglown Scholarship For Registered Nursing Education** \_\_\_  
To Be Announced

**Wendell White Scholarship For Leadership in Management in LTC**  
**Name/ LTC Experience/ Goal**

Lori Frank/ Providence ElderPlace, Providence Health Systems/ MBA

**McKesson Medical-Surgical Scholarship For Nursing Education**  
**Name/ LTC Experience/ Goal**

Aya Abdallah/ Health Care Services/ BSN  
Stephanie Bergmann/ Oakwood Country Place/ RN

**Pinnacle Quality Insights Scholarship For Quality Care**  
**Name/ LTC Experience/ Goal**

Heather Sowa/ Oregon City Health Care Center, Prestige Care, Inc./ RN  
Haseena Vaswani/ Marquis Care at Hope Village, Marquis Companies/  
MSW

**General Studies Scholarship**  
**Name/ LTC Experience/ Goal**

Alexandra Appleton/ Laurelhurst Village LLC, Sunwest Management/  
CNA  
Donna Chambers/ Marquis Care at Centennial, Marquis Companies/  
LPN  
Catherine Couey/ Visiting Angels/ CNA  
Kayla Curry/ Avamere Rehab of Coos Bay, Avamere Health Services/  
RN

## Board of Directors

### **Officers:**

Terri Waldroff, OHCF Board President

Steve Fogg, OHCF Board Secretary,  
CFO/Marquis Companies

Margie Murphy Carley, OHCF Board  
Treasurer

### **Directors:**

Pam Arvidson, VP/CareWise  
Management, Inc.

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Counsel/Sussman Shank, LLP

Karri Bolman, Community Relations  
Coord./Metro West Ambulance

Susan Bowker, Activities  
Director/Marquis Care at Centennial

Jamie Campbell, COO/Farmington  
Centers

Robert Decker, President/Westcare  
Management

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Jennifer Hoffer, Administrator/Marquis  
Vintage Suites at Wilsonville

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President

Ex Officio, Janel A. McKenna,  
Executive Director/OHCF  
[jmckenna@ohca.com](mailto:jmckenna@ohca.com), 503-726-5225

## Donors

OHCF would like to recognize the

Jim Dalton/ Consultant/ Activities Consultant Certification  
Caroline Dunn/ ProvidenceElder Place/ MBA  
Kimberly Gomez/ Cascade View Nursing Center, Regency Pacific, Inc./  
RN  
Maria Gonzalez/ ElderPlace at Gresham, Providence Health Systems/  
RN  
Nicole Hardy/ Porthaven Care Center, Prestige Care, Inc./ RN  
Tina Hill/ Providence ElderPlace, Providence Health Systems/ BSN  
Rajdeep Kaur/ student/ RN  
Michelle Loghry/ Town Center Village, Generations, LLC/ RN  
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Christy Mohr/ Touchmark Home Services/ BSN  
Josephine Muthui/ Clarendon Court/ BSN  
Kristin Palmer/ Hillside Retirement Community, Sunwest Management/  
RD  
Pam Roberts/ West Hills Assisted Living, Bonaventure Senior Living/  
MSW  
Brandon Sheets/ Providence ElderPlace, Providence Health Systems/  
BSN  
Yvette Smith/ Home Instead Senior Care/ Owner In Home Svc.  
Heather Stangeby/ Cornerstone Care Option/ MSW  
Courtney Stevens/ The Pearl at Kruse Way, Avamere Health Services/  
LPN  
Aliza Stromme/ Hillside Retirement Community, Sunwest Management/  
RN  
Fritzie Vader/ Avamere Rehab of Coos Bay, Avamere Health Svc./  
Admin.  
Deborah Wentz-Cantrell/ Oregon Veteran's Home, Westcare Mgmt./  
Admin.

For additional information about the OHCF Scholarship Program please  
visit [www.ohcfonline.org](http://www.ohcfonline.org).

## Senior Wish Program

**Matching fund grants for Senior Wish initiatives are now available. Please [contact us](#) to make a request or to receive more information.**

### Senior Wish Training Session

Senior Wish training sessions, sponsored by the Foundation, provide the model for developing Senior Wish programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen.

**February 23, 2010, 1:30pm-4:30pm**

OHCF Office  
11740 SW 68th Parkway  
Portland, OR 97223

generosity of those individuals and companies that support its mission. [Make A Gift.](#)

January 2008- December 2009 leadership contributions were made by:

**Unforgettables**  
(\$50,000 plus)

Avamere Health Services

EHC Management  
(\$25,000-\$49,000)

The Gabriel and White Families

Marquis Companies

**Champions**  
(\$10,000-\$24,999)

Generations LLC/WGW LLC

Pinnacle Health Care

Westcare Management

**Stewards**  
(\$5,000-\$7,999)

Pam and Randy Arvidson/  
CareWise Mgmt.

Thomas and Margaret Carley

Consonus Healthcare Services

Del Mar Healthcare, Inc.

Gateway Living

JEA Senior Living

McKesson Medical-Surgical

Metro West Ambulance

Betsy and Wendell White

For a complete list of donors January 2008-2009 please visit OHCF's [Honor Roll of Donors page](#)

[Download Registration Form](#)

## Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish came true thanks to the staff of Baycrest Village, Farmington Centers, and with funding from OHCF.

Herb Hurlley, a 92 year old resident of Baycrest Village in North Bend, Oregon, had a long time wish to take a plane ride to see the beautiful Southern Oregon countryside. The staff of Baycrest Village coordinated plans with Coos Aviation to make Herb's dream come true, and then some.

Always an important part of his life, Herb began flying during the 1930s when he was in a pilot training program sponsored by the US government. As a graduate in the top of his class, Herb was obligated to serve as a glider pilot for the military after the attack on Pearl Harbor. Once the war was over, Herb kept flying as a hobby, until he was eventually unable to do so.

The original plan for Herb's Senior Wish did not necessarily include having him fly the plane, however once up in the air pilot Asa Crusoe turned over controls to the Senior Wish recipient, who handled the challenge with ease. Once back on the ground Herb could not stop smiling describing the flight "as smooth as glass."



Herb returned to Baycrest Village excited to tell staff and fellow residents all about his experience and enjoyed a visit from the wife of one of his WWII buddies who stopped by after reading his story in the local paper, The World Link. Click [here](#) to read the news article.

To learn more about the Senior Wish program please visit [www.ohcfonline.org](http://www.ohcfonline.org).

## OHCF Ambassador Network

The Oregon Health Care Foundation invites your long term care community to appoint a staff representative to join our network of Ambassadors who can help build awareness and excitement for the Foundation among residents, family members, and staff of your community.

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support.

## OHCA Members - Online Training Course Discount

OHCA members can receive a 10% discount on online training courses through:

### [aQuire Training Solutions](#)

An Oregon based company that offers a training solution that lets you focus on care - not on compliance. Explore the various staff training programs online today.

### [EasyCEU](#)

Explore accredited CEU courses available online.

Check out OHCA's

### [Member Advantage Program page](#)

within the member resources section, or simply call OHCA at (503) 726-5260 for the current discount code.

## Online Help for Caregivers

Online Help for Caregivers

The Ask Medicare website, launched by the Centers for Medicare & Medicaid Services, is a resource for caregivers.

<http://www.medicare.gov/caregivers/> includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

Your community and Ambassador will be prominently recognized on the OHCF website, in our newsletter, and in our Honor Roll of Donors. Ambassadors will be given the opportunity to help guide the Foundation's work to develop new life enrichment programs that can be implemented at your community.

Thank you to our current Ambassadors:

### **Community name/Owner name/Ambassador name(s)**

Camelot Care Center/Prestige Care, Inc./Nancy Leifheit

Caring Heart Health & Homes Services/Dixie Hofer

Clare Bridge Beaverton/Brookdale Senior Living/Amaka Aniefuna

Clare Bridge of Salem/Brookdale Senior Living/Sue Warren

Cornell Estates/Seabold Construction/Debbie Van Dyne

Elite Care at Fanno Creek/Elite Care/Jason Hess

Elite Care at Oatfield Estates/Elite Care/Jason Hess

Fountains at Town Center Village/Generations/Terry Rose

Gateway Gardens/Gateway Living/Mark Kinkade

Hearthstone at Murrayhill/Hearthstone Management Service/Tom Freitag

Meadow Park Health and Specialty/Extendicare/Stephanie A. Meyer

Porthaven Health Care Center/Prestige Care, Inc./Jodi Burroughs

Powell Valley Assisted Living/CareWise Management, Inc./Pam Arvidson

Rosewood Park/Seabold Construction/Roberta Bradfield

Rosewood Specialty Care/Seabold Construction/Jennifer Edimon

The Terrace at Laurelhurst Village/Farmington Centers/Linda Trenholm

The Woods at Willowcreek/Willowcreek Management

Company/Linda Fortune, Holly Simpson, Jackie Morrey

Please [contact us](#) with who from your community you would recommend to be an OHCF Ambassador.

## FNSNA Scholarship Opportunities

The Foundation of the National Student Nurses Association's Promise of Nursing program is offering fellowships for RNs enrolled in graduate programs preparing to be nurse educators.

### **Promise of Nursing Regional Faculty Fellowships**

**Deadline: MUST BE RECEIVED BY FRIDAY, March 5, 2010**

## Online Nursing Assistant Training Program

Take advantage of affordable prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of its kind specifically designed to help address the statewide shortage of CNAs notwithstanding the diversion made by the current economic environment.

We encourage you to share information about this innovative training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit [www.OregonCNAonline.com](http://www.OregonCNAonline.com).

## Resources

Learn about the Oregon Health Care Association at [www.ohca.com](http://www.ohca.com).

Get information about OHCA's upcoming events at <http://www.ohca.com/events.htm>

Explore some of the rewarding career opportunities in long term care at [http://www.ohca.com/workforce\\_center/](http://www.ohca.com/workforce_center/)

**Join Our List**

Registered Nurses enrolled in graduate level, degree-granting colleges and universities in selected regions of the US may be eligible to apply for a Promise of Nursing Regional Faculty Fellowship (PON Fellowship). The PON Fellowship is designed to assist RNs who are preparing for the nurse educator role to achieve their degrees. PON Fellowships, up to \$7,500 annually, may be applied toward tuition, academic fees, and books.

For more information on the Promise of Nursing Regional Faculty Fellowship contact:

Jasmine Melendez  
Scholarship and Grants Administrator  
Foundation of the National Student Nurses Association  
45 MainStreet, Suite 606,  
Brooklyn, NY 11201  
(718)210-0705  
[Jasmine@nsna.org](mailto:Jasmine@nsna.org)

To access applications forms and for more information visit [www.nsna.org](http://www.nsna.org) and click on "Foundation & Scholarships."

## "A Nurse I Am" Scholarship Information

Cherokee Uniforms is offering up to 10 scholarships of \$2,000 each for nursing students who complete an application, submit an essay on the required assignment, and are judged as winners.

To participate, applicants will need to have watched either version of "A Nurse I Am" - the 32-minute Educational Version or the 62-minute documentary. As a gift for students, Cherokee Uniforms is providing the DVD free of charge during the scholarship application period.

Applicants must address each of these issues in the essay:

- Pick two nurses from the film and tell how they fulfilled the needs of the patients they cared for using these concepts.
- Compare or contrast how these 2 nurses use these concepts to the way you plan to use them in your practice as a nurse.

Applicants must be enrolled or accepted for enrollment in an accredited LVN/LPN, RN degree (ADN or BSN), diploma, or RN-to-BSN program, and must begin/ have begun classes no later than January 31, 2010. Enrollment may be on a full-time or part-time basis. Applicants' nursing education programs must be located within the 50 U.S. states.

**The completed application and essay must be postmarked by March 1, 2010.**

For complete details on this scholarship opportunity, please visit the Cherokee Uniforms website at: <http://www.anurseiam.com/learn.php>.

## OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501 (c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.



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