

January 2009

OHCF

Oregon Health Care
Foundation

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Donors

OHCF would like to recognize the generosity of those individuals and companies that support its mission.

2008-2009 leadership contributions were made by:

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(\$25,000-\$49,999)

The Gabriel and White Families

Message From the Executive Director, Janel A. McKenna

2008 Year in Review

2008 was a year of growth for the Oregon Health Care Foundation and we are grateful to those of you who contributed to our progress during the year. I am pleased to summarize the highlights.



Applications for OHCF General Studies scholarships increased considerably in 2008 and the Foundation was proud to make 50 awards, up from 35 in 2007. Additionally, through the named scholarship program introduced in 2008, 10 new scholarships of \$1000 plus awards to students studying in specific disciplines were made possible through the generous support of business partners including [Consonus Healthcare Services](#), [Metro West Ambulance](#) and [Pinnacle Consulting](#) and individual contributions to the Margaret Murphy Carley scholarship fund. Also during 2008, the scholarship application and review process was refined so that the most stellar of the candidates are selected each year. Please visit the [Scholarship page](#) to view the list of 2008 recipients.

OHCF's Senior Wish Program continued to expand during 2008. The number of long term care staff trained increased by 233% as compared with 2007. Trainings attracted a diverse group of long term care professionals including corporate management, facility administrators, marketing directors, life enrichment and activities staff, nurses and caregivers. Reported Senior Wish activity more than doubled due to expanded training sessions, as well as a refreshed training agenda, revised "How-To" Guide and one-on-one mentoring provided by Foundation staff and our volunteer trainers. Promotion of the Senior Wish program with monthly spotlights in the OHCF E-News and on the web site also contributed to the program's growth. As a result, the amount of Senior Wish funding by the Foundation to facilities grew by 122%. Please visit the [Senior Wish page](#) to learn more about the program and to register for the next training session on February 10.

Marquis Companies

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(\$10,000-\$24,999)

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Metro West Ambulance

For a complete list of donors 2007-2009 please visit OHCF's [Honor Roll of Donors page](#).

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support!

Board of Directors

Officers:

Terri Waldroff, OHCF Board President, COO/Lifestyles Senior Housing Managers

Margie Murphy Carley, OHCF Board Treasurer

To promote the Foundation to a broader audience, OHCF requested that facility staff help inform residents and family members about our mission, goals and programs. As part of a pilot program several facilities agreed to share the good work of the Foundation within their communities. We are eager to broaden this initiative, so please [contact us](#) if you are interested in becoming a Foundation Ambassador and the associated opportunities.

A strategic planning session identified ways to broaden the scope of our impact by expanding our offering of facility-based life enrichment programs, taking a new direction to conduct and/or support industry research, and supporting the work force initiatives of the Oregon Health Care Association.

The participation of a dedicated Board of Directors, along with your support, generated an 8% increase in fundraising enabling the Foundation's continued development. Renewed, increased and new support will be sought in 2009 and your commitment will be valued as we work to achieve the foundation's mission of advancing quality long term care. May 2009 be good to us all!

Please visit the [giving section](#) of our site to make a contribution or contact Sara McNall at smcnall@ohca.com or 503-726-5238.

Senior Wish Program

Senior Wish Training Session

Reserve your spot now for the Senior Wish Training Session to be held at the OHCF office on **Tuesday, February 10, 2009** from 1:30-4:30pm.



Senior Wish Training Sessions, sponsored by the Foundation, provide the model for developing Senior Wish Programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen.

Space is limited! Click [here](#) to register now.

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Suites at Wilsonville

Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish came true thanks to the staff and community of Columbia Basin Care Facility located in The Dalles.

Bessie Caldwell, a resident of Columbia Basin Care Facility, had a simple request for her 100th birthday. She wished to relive one of her favorite experiences from her childhood, which was going for a ride in a fire truck. Shelly Lovett, Activity Director and OHCF Senior Wish Program trainee, received an enthusiastic response from the Mid Columbia Fire Department Chief when asked if he could help with this special request.



On Bessie's big day she was surprised with a visit from the fire department Chief who presented her with an authentic red fire fighter hat before hoisting her up into the fire truck. After sometime spent on the road and soaking up stories from the front line, Bessie was ready to head back to her community. To celebrate her experience and birthday milestone, the staff and residents of Columbia Basin gathered to present Bessie a firefighter-themed birthday cake, generously donated by Safeway. Bessie's Senior Wish fire truck ride energized her so much that on her next birthday she says she hopes to celebrate by riding a bull.

If you, or someone you know has granted a Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF newsletter! Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

Scholarship Program

Congratulations to the OHCF Scholarship recipients for the 2008 Winter Cycle!

Metro West Ambulance Scholarship Recipients

Name/LTC Experience/Education Goal

Nicole Hardy/ Porthaven Care Center, Prestige Care Inc/ LPN

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at www.ohca.com/events.htm

Explore some of the rewarding career opportunities in long term care at www.ohca.com/workforce_center

IHC Caregiver Training Available

The long awaited caregiver training for In Home Care Agencies is now available and includes the following six modules:

- 1) Becoming a Caregiver
- 2) Basic Foundations for Care
- 3) Caregiving in an Emergency
- 4) Nuts & Bolts of Caregiving
- 5) Providing Personal Care
- 6) Crucial Skills

For more information, please contact Wendy Finch at aQuire Training Solutions, (877) 843-8374 or Wendy@aquiretraining.com

Stephanie Hollingshead/ Pearl at Kruse Way, Avamere Health Services/ Admin
Misty Lohn/ Marquis Care at Wilsonville, Marquis Companies, Inc/ DON
Fritzie Vader/ Hearthside Rehab & Specialty Care/ Administrator

Pinnacle Consulting Scholarship Recipients

Name/LTC Experience/Education Goal

Joyce Phipps/ Willamette Terrace, Willamette View Inc./Cert. Recreational Spec.
Jillien Smith/ Clare Bridge of Salem, Brookdale Sr. Living/ Cert. Activity Consult.

General Studies Scholarship Recipients

Name/LTC Experience/Education Goal

Chiamaka Aniefuna/ Clare Bridge of Beaverton, Brookdale Senior Living/ Admin.
Cynthia Blouin/ Hood River Care Center, Prestige Care Inc./ Physical Ther.
Ocba Debessai/ Providence Elderplace, Providence Health System/ RN
Jane Duku/ Marquis Care at Centennial, Marquis Companies Inc/ LPN
Carly Dunn/ Providence Elderplace, Providence Health System/ Administrator
Mary Espinas/ Marquis Care at Forest Grove, Marquis Companies, Inc/ RN
Sara Gebrewold / King City Rehab, Avamere Health Services/ RN
Nicole Hardy/ Porthaven Care Center, Prestige Care Inc/ LPN
Latreece Hawkins/ Cherrywood Village, Generations LLC/ LPN
Kendal Holland / Bridgewood Rivers ALF, Sun Management Services/ RN
Robert Jackson/ Rescare Homecare/ RN
Joni Kaady/ Marion County Health Department Geriatric Program/ Geriatric Psych.
Rajdeep Kaur/ Evergreen Portland, EHC Management Inc./ LPN
Betty Lee/ Columbia Basin Care Facility, Aidan Health Services Inc./ RN
Misty Lohn/ Marquis Care at Wilsonville, Marquis Companies, Inc/ DON
Melissa McNeely/ Myrtle Point Care Center, Westcare Management/ RN
Josephine Muthui/ The Taft Home, Concepts in Community Living/RN
Ryan Nelson/ Hospice Center/ RN
Mary Augusta Onyima/ Student/ Activity Director
Melissa Richmond/ Oatfield Estates, Elite Care LLC/ Geront. Horticultural Ther.
Sally Ryan/ Providence Elderplace, Providence Health System/ CNA II
Kathleen Sarvent/ Marquis Care at Wilsonville, Marquis Companies, Inc/ RN
Heather Stangeby/ Cornerstone Care Option, Inc / Social Service Administrator
Erica White/ Marquis Care/ Marquis Companies, Inc/ RN or Health Care Mgmt.

Featured Scholarship Recipient

Metro West Ambulance Scholarship Recipient



Thanks to Metro West Ambulance and OHCF Stephanie Hollingshead is closer to achieving her educational and career goals with the Scholarship she was awarded during the '08 Winter Cycle.

New Online help for Caregivers

Caregivers now have a new resource, the Ask Medicare website, launched by the Centers for Medicare & Medicaid Services. The site, www.medicare.gov/caregivers, includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

Promise of Nursing Regional Faculty Fellowship Program

Scholarships are available for graduate programs to teach nursing through the Promise of Nursing Regional Faculty Fellowship Program administered by the Foundation of the National Student Nurses' Association. Applications for graduate programs are due **March 6, 2009**.

For criteria information and to access applications please visit the [Foundation of the National Student Nurses Association Scholarship](#) webpage.

Stephanie knew from a young age that her passion to help enhance the lives of seniors would lead her down the career path she was born to follow. Her mother, who worked as a CNA and Social Services Director, and her family, who owned an Adult Foster Care Home, inspired Stephanie to start her own career in long term care seven years ago, beginning at entry level and working her way up.

Currently as the Admissions and Marketing Director for The Pearl at Kruse Way, an Avamere Health Services property, Stephanie is finishing her bachelor's degree in business management and plans to pursue a position as a Nursing Home Administrator. Her diverse background in long term care including working as a Receptionist, CNA, Med Aide, Social Services Assistant, Medical Records Specialist, along with her current position, have given Stephanie a great understanding of the field and a true appreciation for all those who dedicate their lives to serving the elderly. Stephanie believes that the senior population deserves the very best and that more education will allow her to help provide the highest level of care to all residents whose lives she is given the opportunity to enhance.



"With the wonderful gift bestowed to me by Metro West Ambulance and the Oregon Health Care Foundation I am able to continue my education in long term care with less financial stress and an added boost of confidence! Thank You." - Stephanie Hollingshead

Online Nursing Assistant Training Program

The new year brings new savings! Take advantage of reduced prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of it's kind specifically designed to help address the statewide shortage of CNAs. Click [here](#) to get information on the new pricing structures.

We encourage you to share information about this innovative new training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future



The Gero-Teaching Intensive

The Center of Excellence in Geriatric Nursing Education was created in January 2008, with the support of a grant from The Duke Endowment. Its mission is to bring together diverse academic and practice partners to improve care of older adults through innovative strategies that expand the pool of nursing faculty skilled in geriatric education and practice.

The Gero-Teaching Intensive is designed to help faculty increase their repertoire of teaching strategies to teach the complex care of older adults. The Intensive may also be helpful to nurse educators in diverse roles and to clinicians considering an advance degree in adult health, gerontology or education. Please visit [Duke University's School of Nursing](#) to learn more.

Join Our List

employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.

Executive Director

Janel McKenna

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