



Oregon Health Care
Foundation

February 2009

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Karri Bolman, Community Relations Coord./Metro West Ambulance

Susan Bowker, Activities Director/Marquis Care at

OHCF Business Partner Reception

The Board of Directors of the Oregon Health Care Foundation invites business partners of the long term care profession to a reception to be held Wednesday, April 8th from 4:00-6:00pm at the OHCA/OHCF office building. (please see below for registration information)

This event will give business partners the opportunity to learn more about issues facing the LTC profession and the Foundation's important programs that advance the field.

OHCF Board President, Terri Waldroff of Lifestyles Senior Housing, Director Steve Fogg of Marquis Companies, and Director Rick Dillon of Avamere Health Services will address the group and invite your financial support.

Please contact Sara Mcnall (smcnall@ohca.com or 503-726-5238) for more information and to register for the April 8th reception from 4:00-6:00pm.

Senior Wish Program

The Foundation would like to thank the following volunteers who lead the first Senior Wish training session of 2009 on February 10th at OHCF's office. According to participants, the training session provided "meaningful tools and resources to conduct the program," and "inspired participants to adopt it within their facilities."

- Pam Arvidson, VP/CareWise Management, Inc.
- Karri Bolman, Community Relations Coord./Metro West Ambulance
- Jodi Burroughs, Activity Director/Porthaven Care Center, Prestige Care, Inc.
- Krista Davis, Marketing Director/Courtyard Senior Living, LifeStyles Senior Housing
- Allyson Famous, former Activities Assitant with River Valley Landing, Sunwest Management
- Therese Lambert, Community Relations/Miramont Pointe, The Goodman Group

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Administrator/Marquis Vintage
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Ex Officio, Janel A. McKenna,
Executive Director/OHCF

jmckenna@ohca.com

503-726-5225

Donors

OHCF would like to recognize the generosity of those individuals and companies that support its mission.

2008-2009 leadership contributions were made by:

Unforgettables
(\$50,000 plus)

Senior Wish Training Sessions, sponsored by the Foundation, provide the model for developing Senior Wish Programs in LTC residences. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen. Please visit www.ohcfonline.org for the 2009 Senior Wish training schedule and registration form. For a full list of OHCF training program participants visit the [Senior Wish Makers page](#).

Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish came true thanks to the staff and community of Avamere Court at Keizer, an Avamere Health Services property, and with funding from OHCF.

After being diagnosed with cancer, Donna Hewitt, 77 year old resident of Avamere Court at Keizer, wished for nothing more than to simply spend some quality time with her three sisters and reminisce about days past. Donna's Life Enrichment Director not only saw to it that her wish be granted but that it exceed her wildest expectations.

Donna, a retired nurse from Salem Memorial Hospital, had always enjoyed trips to the coast so when the staff of Avamere Court at Keizer arranged for a slumber party with her sisters in Newport, Oregon she was more than thrilled. Before heading to the coast, Donna was treated to a special champagne toast send-off celebration at the community with all her fellow residents who were just as excited as she was for her wish to come true.

Upon arrival at the Victorian House B&B in Newport, Donna and her sisters were greeted with shrimp cocktails in their cottage and later that evening received an assortment of desserts. Thanks to the in-kind donations from B&B owners Terry and Eileen Obteshka and to funding from OHCF, the sisters enjoyed a special trip complete with an elegant breakfast the



next morning. The ladies had plenty of quality time together spent in a beautiful setting where they lounged and reminisced on the sundeck and enjoyed nearby shopping. In addition, Willamette Valley Hospice arranged for a donated dinner from Tidal Raves restaurant in Newport. This is a great example of how the Senior Wish Program enhances lives of seniors.

If you, or someone you know has granted a Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF newsletter. Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

Avamere Health Services

(\$25,000-\$49,999)

The Gabriel and White Families

Marquis Companies

Pinnacle Health Care

Champions

(\$10,000-\$24,999)

Generations LLC/WGW LLC

OHCA

Westcare Management

Stewards

(\$5,000-\$7,999)

Thomas and Margaret Carley

Consonus Healthcare Services

Gateway Living

JEA Senior Living

Metro West Ambulance

For a complete list of donors 2008-2009 please visit OHCF's [Honor Roll of Donors page](#).

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support!

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at www.ohca.com/events.htm

Scholarship Program

Featured Scholarship Recipient

Pinnacle Consulting Scholarship Recipient



Thanks to Pinnacle Consulting and OHCF, Joyce Phipps is closer to achieving her education and career goals with the Scholarship she was awarded during the '08 Winter Cycle. The Pinnacle Consulting Scholarship is awarded to those currently working in long term care with a desire to gain additional education to advance their long term care career. Candidates must have demonstrated a commitment to quality in their work and have made a positive difference in the quality of life of the seniors they serve.

Joyce Phipps, Life Enrichment Coordinator for the last three years with Willamette View Health Center, a Willamette View Inc. property, is currently enrolled at Portland Community College pursuing her Associates Degree in Gerontology with a focus on recreational therapy. Upon completion of her current program, Joyce plans to pursue her Bachelor's Degree at Portland State University with the ultimate goal of becoming a Certified Recreational Therapeutic Specialist.



As a seasoned long term care professional with six years previous experience in the field before joining the team at Willamette View, Joyce envisions herself working with the senior population until the end of her career. Joyce believes that furthering her education will allow her to deliver an even higher quality life enrichment and therapeutic recreation program to address the wide range of needs of the residents she cares for.

"I have a great passion for working with the elderly and enjoy helping create a sense of purpose in their daily lives. Thank you Pinnacle Consulting and Oregon Health Care Foundation for your generosity that is helping me achieve my goals." - Joyce Phipps

Visit the [Scholarship page](#) to learn more about the program and to download applications for the 2009 Summer Cycle.

Online Nursing Assistant Training Program

Take advantage of reduced prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of it's kind

Explore some of the rewarding career opportunities in long term care at www.ohca.com/workforce_center

IHC Caregiver Training Available

The long awaited caregiver training for In Home Care Agencies is now available and includes the following six modules:

- 1) Becoming a Caregiver
- 2) Basic Foundations for Care
- 3) Caregiving in an Emergency
- 4) Nuts & Bolts of Caregiving
- 5) Providing Personal Care
- 6) Crucial Skills

For more information, please contact Wendy Finch at aQuire Training Solutions, (877) 843-8374 or Wendy@acquiretraining.com

New Online help for Caregivers

Caregivers now have a new resource, the Ask Medicare website, launched by the Centers for Medicare & Medicaid Services. The site, www.medicare.gov/caregivers, includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

specifically designed to help address the statewide shortage of CNAs. Click [here](#) to get information on the new pricing structures.

We encourage you to share information about this innovative new training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

Promise of Nursing Regional Faculty Fellowship Program

Promise of Nursing Regional Faculty Fellowship Program

Scholarships are available for graduate programs to teach nursing through the Promise of Nursing Regional Faculty Fellowship Program administered by the Foundation of the National Student Nurses' Association. Applications for graduate programs are due March 6, 2009.

For criteria information and to access applications please visit the [Foundation of the National Student Nurses Association Scholarship webpage](#).

OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.



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