

**August 2008**



The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.

**Executive Director**

Janel McKenna  
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**OHCF Scholarship Recipients**

Congratulations to the OHCF Scholarship recipients for the 2008 Summer Cycle!

**Consonus Healthcare Services Scholarship Recipients**

**Name/ LTC Experience/ Position Seeking**

Melea Doughty/ Student/ Occupational Therapist  
Greta Gillas/ Life Care Center/ Physical Therapist  
Justine Kuunifaa/ Willamette View/ Pharmacy Technician  
Youssef Roman/ Gateway Medical Pharmacy/ Pharmacist  
Linda Wong/ Kaiser Permanente Pharmacy/ Pharmacist

**Margaret Murphy Carley Scholarship Recipient**

Julieta Contreras/ Cascade Terrace/ LPN

**General Studies Scholarship Recipients**

Aya Abdallah/ Health Care services/ RN  
Chiamaka Aniefuna/ Wynwood of Mt. Hood/ Administrator  
Stephanie Bergmann/ Oakwood Country Place/ RN  
Laura Blosser/ Menlo Park Health Care/ CMA  
Catherine Couey/ Visiting Angels/ LTC Director  
Amber Donaldson/ Marion County Health Dept/ Geriatric Cert.  
Cheri Foreman/ Marquis Home Health/ RN  
Suzie Fournal/ Porthaven Healthcare Center/ Health Info Tech  
Louise Jordan/ Home Instead Senior Care/ Geriatric Counselor  
Rajdeep Kaur/ Evergreen Rehab Center/ LPN  
Jenny Kiel/ Avamere at Three Fountains/ Dietary Manager  
Melissa McNeely/ Myrtle Point Care Center/ RN

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**Board of Directors**

OHCF appreciates the commitment and support from its diverse group of Board Members.

**Officers:**

Terri Waldroff, OHCF Board President

Netsanet Mekbib/ Porthaven Healthcare Center/ LPN  
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Josephine Muthui/ The Taft Home/ RN  
Kathleen Nelson/ Rosewood Park Retirement/ Administrator  
Kirill Nikiforov/ Encore Senior Village/ CNA  
Joyce Phipps/ Willamette View/ Gerontologist  
Heather Restoule/ Trinity Mission Health Rehab/ Dietary Manager  
Kristen Savorelli/ Marquis Care at Forest Grove/ LPN  
Musa Sidibey/ Marquis Care at Centennial/ RN  
Jillien Smith/ Clare Bridge of Salem/ Activity Consultant  
Heather Stangeby/ Cornerstone Care Option/ Social Service Admin  
Seli Thomas/ New Horizons In-Home Care/ CNA  
Maria Vital/ Maryville Nursing Home/ CMA

## Featured Scholarship Recipient Margaret Murphy Carley Scholarship

Julieta Contreras is determined to use her experience, skills and passion to make her dream of becoming an LPN and then a RN come true. Julieta's goal has recently become that much more attainable since the Foundation awarded her the Margaret Murphy Carley (MMC) Scholarship. The MMC Scholarship is specifically for a CNA who is currently working in long term care, pursuing a nursing profession, and who has demonstrated a commitment to quality in their work and a desire to advance their career in the long term care profession.

Julieta has been working for Cascade Terrace, a Prestige Care Inc. property, for the past five years where she began as a CNA. Since then she has had many positive experiences and opportunities to gain education and training in the medical field which have helped her to become a Basic-Emergency Medical Technician, Restorative Aide, and Medication Aide. She now holds the position of Unit Secretary for 3 nurse stations which requires her to be flexible and react quickly to unpredictable situations. Julieta enjoys working in the long term care setting and believes in providing the type of care to her residents that makes them feel respected, appreciated, and loved.

She will begin her LPN program this Fall which lasts for 17 months after which she will pursue her RN. Keep up the great work Julieta!

If you have received a scholarship from the Foundation and would like to be featured in the OHCF Newsletter, please [send us](#) information on how you've put your award to good use, your future education plans, where you are working in long term care, and a photo of yourself (at work if possible!)

Please visit OHCF's [Scholarship page](#) to learn more about opportunities available.

Margie Murphy Carley,  
OHCF Board Treasurer

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## Online Nursing Assistant Training Program

The Oregon Health Care Association recently announced Oregon's first learner lead Online Nursing Assistant Training Program specifically designed to help address the statewide shortage of CNAs.



We encourage you to share information about this innovative new training program with those who may be interested in applying. For more information on the program and to apply please visit [www.OregonCNAonline.com](http://www.OregonCNAonline.com).

## Senior Wish Spotlight

The OHCF Senior Wish training program focuses on identifying an attainable wish, exploring resources to grant the wish, and provides tools for promoting the wish both within and beyond the long term care community. The following Senior Wish came true thanks to the staff of River Valley Landing Senior Community.

When Margaret Sanford decided to share her secret lifelong dream of taking a ride in a semi-trailer truck her Activities Assistant, Allyson Famous, knew exactly what to do for her upcoming 90th birthday.

With the help of the Oregon Trucking Association Margaret was taken for the ride of her life on the morning of her birthday. Charlie Tindall of Blue Line Transportation Co. picked her up at her facility where fellow residents of River Valley Landing gathered around for a champagne send-off celebration. Once Margaret was helped up into the high cab of the truck her adventure was underway and she thoroughly enjoyed hearing stories of life on the road from driver Charlie.



Margaret was driven to Jubitz truck stop for a special birthday lunch where she was greeted by family and friends adorned in T-shirts that said "Keep on Truckin', Margaret." She was treated to a trucker themed birthday cake and flowers donated by Haggen's along with gift certificates for a massage and manicure.

Not only did Margaret's wish of riding in a semi truck come true, but

Melody Gabriel,  
VP/ Generations, LLC

Albert Garibaldi,  
Principal/ Garibaldi &  
Associates, LLC

## Donors

OHCF is grateful to those individuals and companies that support its mission.

2007-2008 leadership contributions were made by:

### **Unforgettables** **(\$50,000 plus)**

Avamere Health  
Services

### **(\$25,000-\$49,999)**

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### **Champions** **(\$10,000- \$24,999)**

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### **Stewards** **(\$5,000-\$7,499)**

Consonus Healthcare  
Services

at 90 years old this was the very first birthday party she'd ever had!

If you, or someone you know has granted an extra special Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF Newsletter! Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

## Support the Mission of OHCF



You are invited to support OHCF's work by making a tax deductible charitable contribution. The Oregon Health Care Foundation is pleased to recognize donations in its Honor Roll of Donors, which is published annually, included in this newsletter, and [posted on the OHCF website](#). Your gift may be designated to support the Senior Wish Program, Scholarship program, or both.

To learn more about what your contribution will support and how to make a gift contact Executive Director Janel McKenna at 503-726-5225 / [jmckenna@ohca.com](mailto:jmckenna@ohca.com), or visit the [giving section](#) of our website. You may also send your contribution payable to the Oregon Health Care Foundation:

Sara McNall  
Marketing & Fundraising Coordinator  
OHCF  
11740 SW 68th Parkway, Suite 250  
Portland, OR 97223

### Annual Celebration of Supporters

Foundation Donors are asked to Save The Date for OHCF's Annual Celebration of Supporters to be held Friday, October 17th from 5:30-8:00pm at the Portland City Grill. The event will include a buffet reception, specialty beverages, live musical entertainment, and a toast to supporters.

[Join Our Mailing List!](#)

JEA Senior Living

Metro West Ambulance

Thomas and Margie Carley

For a complete list of donors April 2007-2008 visit OHCF's [Honor Roll of Donors](#) page.

Financial contributions are tax-deductible under section 501(c)(3) of the IRS code.

Thank you for your support!

## Resources

Learn about the Oregon Health Care Association at [www.ohca.com](http://www.ohca.com).

Get information about OHCA's upcoming events at [www.ohca.com/events](http://www.ohca.com/events).

Explore some of the rewarding career opportunities in long term care at [www.ohca.com/workforce](http://www.ohca.com/workforce)

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