



Oregon Health Care
Foundation

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Annual Celebration of Supporters

OHCF is in the process of developing the list of 2008-2009 contributors who will be invited to this year's Annual Celebration of Supporters. The event, to be held in October, will feature recent Scholarship recipients, Senior Wish recipients and the 2009 OHCF Senior Wish Champion.

Visit the [giving page](#) now to make a gift and join our list of OHCF supporters. Thank You!

Senior Wish Program

Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish, realized through Marquis Companies' New Chapters program, came true thanks to the community's dedicated staff and with funding from OHCF. By establishing the New Chapters program Marquis Companies has embraced the Senior Wish concept, spreading the goal of life enrichment among all its communities.

John and Diane, both residents of Marquis at Piedmont, met and fell in love at their community two years before becoming engaged to be married. Both suffer from a variety of health issues but say they see each other only as people and do not see their disabilities. The staff of the Marquis community were so moved by John and Diane's devotion to each other they were committed to making their dream to get married come true and to creating a magical experience.

Management, Inc.

Aaron J. Besen, Of
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Rick Miller, CEO/Avamere Health
Services, OHCA President

Ex Officio, Janel A. McKenna,
Executive Director/OHCF
jmckenna@ohca.com, 503-726-
5225

Donors

OHCF would like to recognize the
generosity of those individuals
and companies that support its
mission. [Make A Gift.](#)

2008-2009 leadership contributions
were made by:



This summer John and Diane were married at their community where they fell in love and were surrounded by friends, family, fellow residents and staff members. The special day included all the wedding elements John and Diane wished for; a dress for the bride, tux for the groom, bridesmaids, groomsmen, and donated bouquets of flowers. The reception, held in the dining area featured music, decor, food, and of courses, the cake. John got an extra special gift when his best man and life long friend from California was able to make the trip up and share in the couple's day. John and Diane spent their honeymoon week in the community's guest suite, decorated especially for them, where they enjoyed being pampered and receiving special treatment.

The union of John and Diane will not only be remembered by the community as the day a wedding took place, but also as a day residents, staff, and friends came together to celebrate as a true family.

Senior Wish Training Session

The next Senior Wish training session will be held:

September 17, 2009, 1:30pm-4:30pm, OHCF Office
[Register Online](#) OR [Download](#) a printable registration form

Senior Wish training sessions, sponsored by the Foundation, provide the model for developing Senior Wish programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen.

Senior Wish Funding Opportunity

Matching fund grants for Senior Wish initiatives are now available. Please [contact us](#) to make a request or to receive more information.

OHCF Award Announced

Congratulations to Donna McCario, Life Enrichment Director at

Unforgettables

(\$50,000 plus)

Avamere Health Services

(\$25,000-\$49,000)

The Gabriel and White Families

Marquis Companies

Champions

(\$10,000-\$24,999)

Generations LLC/WGW LLC

OHCA

Pinnacle Health Care

Westcare Management

Stewards

(\$5,000-\$7,999)

Thomas and Margaret Carley

Consonus Healthcare Services

Del Mar Healthcare, Inc.

Gateway Living

JEA Senior Living

Metro West Ambulance

For a complete list of donors 2008-2009 please visit OHCF's [Honor Roll of Donors page](#).

Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support.

**OHCA Members -
Online Training Course
Discount**

Avamere Rehabilitation of Salem, on winning the 2009 OHCF Senior Wish Champion award.

Donna is best known in her community for the passion and commitment she shows in celebrating the lives of her residents through the Senior Wish program. Donna has the ability to identify what makes each of her residents uniquely happy and fulfilled, inspiring and uniting those working and living at Avamere Rehab of Salem to realize their dreams and those of others around them.

Upon completion of her first OHCF Senior Wish Training session Donna immediately put her newly acquired skills to use to make a former pilot's wish to fly again come true. She assembled a team at her community, secured contributions of resources, and garnered positive public awareness about her community in the media.

Donna credits the Senior Wish program for enhancing morale at her community and giving her team an opportunity to demonstrate the admiration and respect they have for their residents. Donna's successes also include making a resident's dream to ride a motorcycle come true and arranging a touching reunion for a married couple whose health conditions prevent frequent visits.

Because of Donna's good work, Avamere Rehab of Salem will receive a \$500 award for life enrichment programs. Keep up the good work Donna, you are a true champion!

Donna will be formally recognized as the 2009 OHCF Senior Wish Champion during the OHCA Annual Convention Awards Luncheon to be held Tuesday, September 22. Please visit [OHCA's convention page](#) for details on the event and to register for the awards luncheon.



OHCF Ambassador Network

The Oregon Health Care Foundation invites your long term care community to appoint a staff representative to join our network of Ambassadors who can help build awareness and excitement for the Foundation among residents, family members, and staff of your community.

Your community and Ambassador will be prominently recognized on the OHCF website, in our newsletter, and at the annual OHCF event. Ambassadors will be given the opportunity to help guide the Foundation's work to develop new

OHCA members can receive a 10% discount on online training courses through:

[aQuire Training Solutions](#)

An Oregon based company that offers a training solution that lets you focus on care - not on compliance. Explore the various staff training programs online today.

[EasyCEU](#)

Explore accredited CEU courses available online.

Check out OHCA's [Member Advantage Program page](#) within the member resources section, or simply call OHCA at (503) 726-5260 for the current discount code.

Online Help for Caregivers

Online Help for Caregivers
The Ask Medicare website, launched by the Centers for Medicare & Medicaid Services, is a resource for caregivers.

<http://www.medicare.gov/caregivers/> includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

Online Nursing Assistant Training Program

life enrichment programs that can be implemented at your community.

Thank you to our current Ambassadors:

Community name/Owner name/Ambassador name(s)

Camelot Care Center/Prestige Care, Inc./Nancy Leifheit

Caring Heart Health & Homes Services/Dixie Hofer

Clare Bridge Beaverton/Brookdale Senior Living/Amaka Aniefuna

Clare Bridge of Salem/Brookdale Senior Living/Sue Warren

Cornell Estates/Seabold Construction/Debbie Van Dyne

Elite Care at Fanno Creek/Elite Care/Jason Hess

Elite Care at Oatfield Estates/Elite Care/Jason Hess

Fountains at Town Center Village/Generations/Terry Rose

Gateway Gardens/Gateway Living/Mark Kinkade

Hearthstone at Murrayhill/Hearthstone Management Service/Tom

Freitag

Meadow Park Health and Specialty/Extendicare/Stephanie A. Meyer

Porthaven Health Care Center/Prestige Care, Inc./Jodi Burroughs

Powell Valley Assisted Living/CareWise Management, Inc./Pam Arvidson

Rosewood Park/Seabold Construction/Roberta Bradfield
Rosewood Specialty Care/Seabold Construction/Jennifer Edimon

The Terrace at Laurelhurst Village/Farmington Centers/Linda Trenholm

The Woods at Willowcreek/Willowcreek Management Company/Linda Fortune, Holly Simpson, Jackie Morrey

Please [contact us](#) with who from your community you would recommend to be an OHCF Ambassador.

Scholarship Program

Featured Scholarship Recipient

Margaret Murphy Carley Scholarship

Online Nursing Assistant Training Program

Take advantage of affordable prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of its kind specifically designed to help address the statewide shortage of CNAs notwithstanding the diversion made by the current economic environment.

We encourage you to share information about this innovative training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at <http://www.ohca.com/events.htm>

Explore some of the rewarding career opportunities in long term care at http://www.ohca.com/workforce_center/

Heather Sowa has been working for Oregon City Health Care Center, a Prestige Care property, for the past six years in the positions of caregiver, activity director, restorative aide and currently as a medication aide. With the help of the Margaret Murphy Carley Scholarship she recently received, Heather will be able to pursue her career goals while maintaining an important balance between work, school, and family responsibilities. She is studying to become an LPN this summer and will continue her nursing education through Chemeketa Community College to obtain her RN certificate by summer 2010.



Heather, who has lived on several different continents around the world and has a passion for traveling, enjoys learning about the history and background of each resident she cares for. She treats her residents as she would her own family members and truly values the lessons that can be learned from their life experiences.

Heather's long term goals include earning a Bachelor's degree in gerontology and possibly continuing her studies to earn her Master's. She is very interested in the study of degenerative neurological diseases and spends her free time reading true accounts by caregivers of Alzheimer/Dementia patients. By seeking further education and advancing her career in the field, Heather believes she will be able to become more of an advocate for the people she cares for.

"I love working in long term care, I love nursing school, and I am so grateful to the donors of the Margaret Murphy Carley Scholarship fund for this award and for their support of the nursing field."

- Heather A. Sowa

The next Scholarship cycle is Winter 2009, with applications due November 13. Please visit the [Scholarship page](#) to download new applications as they become available and to learn more about the program.

OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501 (c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation



of the long term care profession.

Janel A. McKenna

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