

April 2009



Oregon Health Care
Foundation

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Board of Directors

Officers:

Terri Waldroff, OHCF Board
President, COO/Lifestyles Senior
Housing Managers

Steve Fogg, OHCF Board
Secretary, CFO/Marquis
Companies

Margie Murphy Carley, OHCF
Board Treasurer

Directors:

Pam Arvidson, VP/CareWise
Management, Inc.

Business Partners

The Oregon Health Care Foundation welcomed business partners to a reception this month. Rick Dillon, COO, Avamere Health Services and Foundation Board member, provided the group with an update on some of the challenges the long term care profession faces and the Foundation's important work to help address some of these issues.

Current industry priorities include; continued quality assurance and improvement, finding solutions to the looming health care workforce shortage, and maintaining an environment of informed and balanced regulation and legislation. The Foundation programs including research, scholarship awards, life enrichment initiatives, and support of OHCA's expansion of nurse education capacity address these priorities.

Dillon noted that Avamere makes an annual \$50,000 contribution in support of the Oregon Health Care Foundation because it is an investment in the future of quality long term care and he requested the business community also support the profession's future by making a tax deductible charitable gift to OHCF.

Renewing his commitment of \$1000 to the Foundation, Mark Carpenter, President, Columbia Roofing & Sheet Metal, spoke of the importance of his long term care clients to his business and shared that he knew the profession from a family consumer perspective as well, which is why the work of the Foundation is so valued.

The establishment of the McKesson Medical Surgical Scholarship for nursing with an annual contribution of \$5,000 was also announced that night and Mike Hughes, Vice President of Sales - West, shared his company's commitment to the future of quality long term care through education.

The Foundation can and should play an even greater role in advancing quality long term care and the support of the business community is valued.

Aaron J. Besen, Of Counsel/
Bullivant Houser Bailey, PC

Karri Bolman, Community
Relations Coord./Metro West
Ambulance

Susan Bowker, Activities
Director/Marquis Care at
Centennial

Jamie Campbell, Regional
Director SNF Operations/Prestige
Care, Inc.

Robert Decker,
President/Westcare Management

Dan Desler, CEO/Western
States Land Reliance Trust

Rick Dillon, COO/Avamere
Health Services, OHCA Vice
President

Melody Gabriel, VP/Generations
LLC

Albert Garibaldi,
Principal/Garibaldi & Associates,
LLC

Jennifer Hoffer,
Administrator/Marquis Vintage
Suites at Wilsonville

Rick Miller, CEO/Avamere
Health Services, OHCA President

Ex Officio, Janel A. McKenna,
Executive Director/OHCF

jmckenna@ohca.com

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Scholarship Program

Business Partner Scholarship

McKESSON

Empowering Healthcare

Announced during the Foundation's Business Partner Reception, McKesson Medical Surgical has established an annual scholarship that will be awarded to individuals currently employed in the long term care profession and seeking further education within the nursing field. The McKesson Medical Surgical Scholarship will be awarded to certified nursing assistants seeking an LPN, RN, or advanced nursing degree who have been employed in long term care for at least three years, have demonstrated a commitment to quality in their work, and a desire to advance their career within long term care.

Two McKesson Scholarships will be awarded in amounts of up to \$2,000 per year depending on candidate qualifications and program costs. The McKesson Medical Surgical Scholarship will be awarded during the 2009 Winter Award Cycle and deadline for applications will be November 13th. Application forms will be available in August.

Scholarship Application Deadline

Applications for the 2009 Summer Scholarship cycle are due by **Friday, May 29th**.



Scholarships Available:

General Studies Scholarships: \$500 scholarships are awarded to those pursuing further education in any field related to long term care. Click the link above to download complete criteria and application form.

Margaret Murphy Carley Scholarship: \$1,000, depending on program costs, awarded to a CNA pursuing LPN/RN. Click the link above to download complete criteria and application form.

Please visit [OHCF's Scholarship page](#) for more information about the program and for new scholarships coming available during the Winter cycle.

Donors

OHCF would like to recognize the generosity of those individuals and companies that support its mission. [Make A Gift.](#)

2008-2009 leadership contributions were made by:

Unforgettables (\$50,000 plus)

Avamere Health Services

(\$25,000-\$49,999)

The Gabriel and White Families

Marquis Companies

Pinnacle Health Care

Champions (\$10,000-\$24,999)

Generations LLC/WGW LLC

OHCA

Westcare Management

Stewards (\$5,000-\$7,999)

Thomas and Margaret Carley

Consonus Healthcare Services

Del Mar Healthcare, Inc.

Gateway Living

JEA Senior Living

Metro West Ambulance

For a complete list of donors 2008-2009 please visit OHCF's [Honor Roll of Donors page](#)

Senior Wish Program

Senior Wish Training Session

Reserve your spot now for the Senior Wish Training Session to be held at the OHCF office on **Thursday, May 14, 2009** from 1:30-4:30pm.

Senior Wish Training Sessions, sponsored by the Foundation, provide the model for developing Senior Wish Programs in LTC communities. Attendees come away not only excited to make wishes come true in their community, but also with the tools to make them happen.



Space is limited! [Register online](#) or [download a registration form.](#)

Senior Wish Spotlight

Each month OHCF features an outstanding Senior Wish, one that not only realizes the dream of the wishful senior, but enriches the lives of all residents living in the facility by uniting the community. The following Senior Wish, realized through Marquis Companies' New Chapters program, came true thanks to the community's dedicated staff and with funding from OHCF. By establishing the New Chapters program Marquis Companies has embraced the Senior Wish concept, spreading the goal of life enrichment among all its communities.

Martha Mahoney, 84, had been living in long term care for over ten years and had seen nearly 50 Senior Wishes granted to fellow residents of Marquis Care at Centennial before realizing a dream of her own. Susan Bowker, Activities Director, had inquired with Martha over the years as to what her wish might be, but it wasn't until recently that Martha knew exactly what she wanted to do and that was going to Disneyland.

The staff of the Marquis property formed a small team to coordinate the plans to make Martha's dream a reality. OHCF granted funds for the purchase of day passes to Disneyland, the Marquis Companies' Vital Life Foundation funded travel costs and Bob Bowker contributed a new outfit for Martha to wear on her special day at the Magic Kingdom.



Financial contributions are charitable tax-deductions under section 501(c)(3) of the IRS code.

Thank you for your support!

OHCF Ambassador Network

The Oregon Health Care Foundation invites your long term care community to appoint a staff representative to join our network of Ambassadors who can help build awareness and excitement for the Foundation among residents, family members, and staff of your community.

Your community and Ambassador will be prominently recognized on the OHCF website, in our newsletter, and at the annual OHCF event. Ambassadors will be given the opportunity to help guide the Foundation's work to develop new life enrichment programs that can be implemented at your facility.

Please [contact us](#) with who from your community you would recommend to be an OHCF Ambassador.

For more information on OHCF please visit www.ohcfonline.org and to view our promotional brochure please [click here](#).

Resources

Learn about the Oregon Health Care Association at www.ohca.com.

Get information about OHCA's upcoming events at

While Martha experienced some ups and downs with her health during the planning stages of the wish, her excitement and determination to make the trip, along with support from her community, improved her condition. During the Disneyland visit Martha enjoyed interactions with the characters, went on rides, and wore Minnie Mouse ears. Disneyland employees, inspired by Martha's visit, presented her with a special piece of Disney memorabilia, a photo of Walt Disney and Mickey Mouse.

The magic of Martha's day will be with her forever as it will with the staff who accompanied her, residents of her community, and those who contributed to making her wish come true.

If you, or someone you know has granted a Senior Wish, please [contact us](#) to be featured in a future edition of the OHCF newsletter. Visit OHCF's [Senior Wish page](#) for more information on the program and learn how you can help make a Senior Wish come true.

OHCF Elects Board of Directors

Officers elected to serve for one year terms: President Terri Waldroff, COO, Lifestyles Senior Housing Managers, Secretary Steve Fogg, CFO, Marquis Companies, and Treasurer Margaret Murphy Carley.

Elected to serve two year terms: Aaron J. Besen, Of Counsel, Bullivant, Houser, Bailey and Jamie Campbell, Regional Director of SNF Operations, Prestige Care, Inc.

Re-elected to serve two year terms: Pam Arvidson, VP, Carewise Management, Karri Bolman, Marketing/Community Relations Coordinator, Metro West Ambulance, and Albert Garibaldi, Principal, Garibaldi and Associates.

Continuing to serve as OHCF Board Members: Susan Bowker, Activity Director, Marquis Care at Centennial, Robert Decker, President, Westcare Management, Dan Desler, Owner, Western States Land Reliance Trust, Rick Dillon, COO, Avamere Health Services, Melody Gabriel, VP, Generations LLC, Jennifer Hoffer, Administrator, Marquis Vintage Suites at Wilsonville, and Rick Miller, CEO, Avamere Health Services.

The Oregon Health Care Foundation thanks its dedicated Board for their ongoing contributions to OHCF's progress. The Foundation relies on volunteers to achieve its mission and is proud of its Board's commitment and service. OHCF is grateful!

Online Nursing Assistant Training Program

www.ohca.com/events.htm

Explore some of the rewarding career opportunities in long term care at

www.ohca.com/workforce_center

Online help for Caregivers

The Ask Medicare website, launched by the Centers for Medicare & Medicaid Services, is a resource for caregivers.

www.medicare.gov/caregivers includes information on navigating through Medicare, health care services, links to partner organizations that assist caregivers, and personal caregiver anecdotes.

Take advantage of affordable prices for the Online Nursing Assistant Training Program, Oregon's first learner lead program of it's kind specifically designed to help address the statewide shortage of CNAs, notwithstanding the diversion made by the current economic environment. Click [here](#) to get information on the new pricing structures.

We encourage you to share information about this innovative new training program with those who may be interested in pursuing their CNA. For more information on the program and to apply please visit www.OregonCNAonline.com.

IHC Caregiver Training Available

Caregiver training for In Home Care Agencies is now available and includes the following six modules:

- 1) Becoming a Caregiver
- 2) Basic Foundations for Care
- 3) Caregiving in an Emergency
- 4) Nuts & Bolts of Caregiving
- 5) Providing Personal Care
- 6) Crucial Skills

For more information, please contact Wendy Finch at aQuire Training Solutions, (877) 843-8374 or Wendy@acquiretraining.com.

OHCF

The Oregon Health Care Foundation (OHCF) is the nonprofit 501(c)(3) charitable organization dedicated to supporting quality long term care in Oregon. OHCF was established to provide educational opportunities for current and future employees at long term care facilities in Oregon, programs that enrich the lives of Oregon Seniors, and outreach to enhance the public understanding and appreciation of the long term care profession.



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